



PIH Health Hospital Angiogram Pre Procedure Instructions

- You are scheduled for a procedure that requires blood to be drawn within one week of your scheduled procedure date. Required lab include: CBC, PT, PTT and BMP. For your convenience, you may have your labs drawn at the laboratory which is located on the first floor of the Ernest D. Wells Medical Office Building or at a venue of your choosing. Lab results may be faxed to 562.789.5455. Labs must be drawn within 2-3 days prior to your appointment.
- Please check in at the Surgical Admission Unit (SAU) two (2) hours prior to your appointment. Bring all insurance information with you on the day of the appointment.
- You must be off medications that may thin the blood for five (5) days prior to your appointment. These include: Warfarin (Coumadin) and in some instances, Clopidogrel (Plavix). You will receive instructions from your physician directing you when to discontinue these medications.
- If you have been instructed to take Enoxaparin (Lovenox) while off of Coumadin, do not take Lovenox the night before or the morning of your appointment.
- Do not eat or drink anything after midnight prior to your appointment.
- Take all normal medications, (such as blood pressure or heart medications), except those listed above, with small sips of water.
- Please bring a list of all of your usual medications to the hospital with you on the day of your appointment.
- You must have a driver for the ride home.
- If you are allergic to Iodine, please notify the scheduler at the time your appointment is made. You will be given a prescription for medications to take to prevent an allergic reaction.

Diabetic patients

- Metformin (Glucophage) – Do not take this medication the morning of the procedure. You will be instructed when to resume taking Metformin. You may be asked to have a lab test drawn 24 hours following your angiogram.
- Insulin - Do not take insulin the day of the procedure.
- You may take all your normal medications, (such as blood pressure or heart medications), except those listed above, with small sips of water.

Please contact Scheduling at 562.906.5572, if you have any questions or would like additional information.