Whittier, CA 90602-1006 T: 562.698.0811

PIH Health Hospital Embolization Pre Procedure Instructions

- Check in to the Surgical Admission Unit (SAU) two (2) hours prior to your appointment.
- Bring all insurance information with you on the day of the appointment. Registration will be performed by the SAU staff.
- Previous images and reports, if from a facility other than PIH Health, must be brought to the department (three) 3 days prior to the procedure.
- If you are taking any of the following medications, you must be off them per the guidelines listed below. Check with your doctor before stopping any medications.
- Clopidogrel (Plavix) you must be must be off this medication for five (5) days or as directed by your physician, prior to your appointment.
- Warfarin (Coumadin) you must be must be off this medication for five (5) days or as directed by your physician, prior to your appointment.
- Aspirin you must be must be off this medication for five (5) days or as directed by your physician, prior to your appointment.
- Enoxaparin (Lovenox) do not take Lovenox the morning of your appointment.
- Do not eat or drink anything after midnight.
- Take all normal medications, (such as blood pressure or heart medications), except those listed above, with small sips of water.
- Please bring all your usual medications to the hospital with you on the day of your appointment.
- You may have to stay the night following the procedure and will be discharged usually within 23 hours.
- You must have a driver for the ride home.

Diabetic patients

- Metformin (Glucophage) Stop the medication the day of and for two (2) days after the procedure. You will be directed to have a blood draw 24-48 hours after your procedure to evaluate your renal function.
- Do not resume Metformin (Glucophage) until instructed to do so by a PIH radiology nurse.
- Insulin Do not take insulin the day of the exam.
- Bring all medications, including the insulin, with you to the hospital the day of the procedure.
- Take all normal medications, (such as blood pressure or heart medications), except those listed above, with small sips of water.

Please contact Scheduling at 562.906.5572, if you have any questions or would like additional information.