

# 10 Essential Items For An Emergency Kit

## Emergency Preparedness Checklist



### 1. Water

3 to 5 day supply—1 gallon per person, per day. *Remember your pets.*



### 6. First Aid Kit

and manual.



### 2. Food

3 to 5 day supply of non-perishable foods and manual can opener. *Remember your pets.*



### 7. Medicine

Over-the-counter and prescription medications, and supplies (like syringes, nebulizers, g-tubes, etc).



### 3. Cash & Important Documents

Deeds, Insurance paperwork, medical cards, birth certificates, etc.



### 8. Portable Radio

and extra batteries.



### 4. Clothes

Sturdy shoes, extra set of warm clothes, comfort item for each family member.



### 9. Toiletries

Diapers, sanitary napkins, trash bags, soap, toilet paper, and paper towels.



### 5. Flashlight

and extra batteries.



### 10. Tools

For medical equipment, adjustable wrench, fire extinguisher, gloves, whistle.

