



## **PIH Health Hospital Myelogram Pre Procedure Instructions**

- Check in to the Surgical Admission Unit (SAU) two (2) hours prior to your appointment.
- Bring all insurance information with you on the day of the appointment. Registration will be performed by the SAU staff.
- Previous images and reports, *if from a facility other than PIH Health*, must be brought to the department (three) 3 days prior to the procedure.
- If you are taking any of the following medications, you must be off them per the guidelines listed below. Check with your doctor before stopping any medications.
- Clopidogrel (Plavix) - you must be off this medication for five (5) days or as directed by your physician, prior to your appointment.
- Warfarin (Coumadin) - you must be off this medication for five (5) days or as directed by your physician, prior to your appointment.
- Aspirin - you must be off this medication for five (5) days or as directed by your physician, prior to your appointment.
- Enoxaparin (Lovenox) - do not take Lovenox the morning of your appointment.
- Do not eat or drink anything for six (6) hours before your appointment.
- Take all normal medications, (such as blood pressure or heart medications), except those listed above, with small sips of water.
- Please bring all your usual medications to the hospital with you on the day of your appointment.
- You will be scheduled for a CT scan to follow the Myelogram.
- You must have a driver for the ride home.

*Please contact Scheduling at 562.906.5572, if you have any questions or would like additional information.*