



PIH Health Hospital MRI Pre Procedure Instructions

Please notify the radiology department if you have any of the following BEFORE your MRI exam:

- Metal in your body (such as plates or screws from previous surgeries).
- Braces on your teeth.
- Head or heart surgery.
- Pacemaker or defibrillator. If you have a pacemaker or defibrillator, you cannot have an MRI as the test may damage it.
- Claustrophobic – your physician may prescribe medication to help you relax.
If pre medication is prescribed, please bring a driver for the ride home.

MRI or MRA Abdomen or Pelvis

- Do not eat or drink anything for four (4) hours before your appointment. Please do not drink any fluids. You may take your medications as usual, (such as blood pressure or heart medications), with small sips of water.

MRI or MRA With or With and Without Contrast

- Lab work (Creatinine) is required for patients who meet the following qualifications:
 - Renal disease (including solitary kidney, renal transplant, renal tumor)
 - Age greater than 60
 - History of hypertension
 - History of diabetes
 - History of severe hepatic disease/liver transplant/pending liver transplant
 - Contact your physician for the lab order, if you have not received one.
 - Labs that were drawn within the previous six (6) weeks are acceptable.
 - Lab results must be faxed to the radiology department before your appointment.
 - Fax number is 562.464.5018.

MRI or MRA Without Contrast

- There is no dietary restriction. You may eat and drink as usual.
- Lab work is not required.

Please contact Scheduling at 562.906.5572, if you have any questions or would like additional information.